

## Adventist Rehab Remembers **Gertrude Wolf**

Adventist Rehabilitation Hospital recently lost a dear friend. Gertrude Wolf, one of Adventist Rehab's first patients and also the hospital's first volunteer, passed away at the age of 92 in November. When they got the news, an overflow crowd of Adventist

Rehab employees came together at a memorial service at the hospital to celebrate her life.

Gertrude Wolf was born in Philadelphia to immigrants from czarist Russia. She grew up in Washington and graduated from Theodore Roosevelt High School. She sold hats during the Depression for the Palais Royal department store in Washington and then worked in the Navy Department during World War II. In 1955, she began working as a legislative assistant on Capitol Hill, until retiring in 1992. Her husband, manager of a Wheaton pharmacy, died in 2002.

At Adventist Rehab, Mrs. Wolf was remembered for her kindness, generosity and unstoppable spirit. "She was a part of us," said ARHM Chief Medical Officer, Dr. Terrence Sheehan. "I met her when she was 83 and she started teaching me about resilience, human will and how to get up again and again and again. I try and give that back to my other patients. She didn't have children of her own but we were all her children. I'm very blessed to have known her." Recreational Therapist and Volunteer Program Coordinator, Lisa Mathews, echoed his thoughts saying, "She taught me more than I could ever possibly teach her as a therapist. She told me that she had asked (ARHM Vice President and Administrator) Doris Reinhart if she could volunteer. Doris had said at the time that we didn't have a volunteer program. To

that, Mrs. Wolf had answered, 'You do now!' Betty Levin spoke of her sister's love of Adventist Rehab, saying "This was her life, her extended family. She loved her volunteer work here. This was her second home."

"I've always loved being independent," Gertrude Wolf had once said. "Even when I lost my leg to vascular disease, I wasn't going to let it stop me. Here at the hospital, they made me feel I could do anything if I put my mind to it. There's no stopping you if you want it."

As a former patient, a tireless volunteer, a generous donor and above all, a dear friend, Gertrude Wolf made an indelible mark on Adventist Rehab Hospital and she will be missed by everyone here. Her family has requested that charitable gifts may be made in her memory to Adventist Rehab Hospital.

### Adventist Rehab Volunteer **Dinner 2009!**

**Many gather for a night of entertainment and service awards**

Adventist Rehab celebrated its many volunteers with a dinner theatre event at the Blair Mansion on April 23rd. More than 50 volunteers and their guests were in attendance.

Continued on **page 2**



# Donation Highlight

## ARHM Acquires Metron Elite Treatment Table Thanks to Generous Family and Friends

In December, the Special Purpose Funds Committee of Adventist Rehab reviewed and approved a request from the Rockville Outpatient Therapy Department to purchase a Metron Elite Section 7 Table with some of our donated funds. A tool to enhance patient care, the table has arrived and its impact is already being felt by patients and therapists alike.

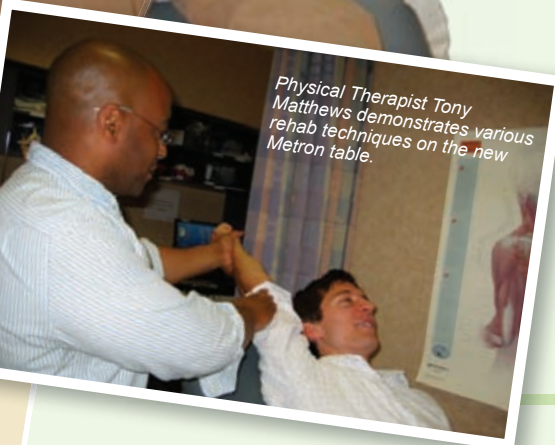
"Our patients are finding the Metron table to be comforting and reassuring," says Physical Therapist, Tony Matthews. "It can be adjusted to where the patient is physically and can be easily manipulated to meet the patient's needs." Before acquiring the new table, pillows and bolsters were used to get patients into a comfortable position for treatment, using up precious treatment time. "Now we can get more done (for our patients) in the time allowed. Best of all, we start off with their confidence," continued Tony. Director of Rehabilitation Services, Rob Grange agreed. "It has enabled our therapists to utilize their advanced manual therapy skills in a way that maximizes patient AND therapist safety and comfort," said Rob.

The Special Purpose Funds Committee, made up of representatives from across Adventist Rehab, meets four times each year to review funding requests that support and further the hospital's mission, as directed by the strategic plan. Most importantly, this equipment purchase, like so many others, was made possible thanks to the generous donations of Adventist Rehabilitation Hospital employees, leaders, physicians and friends in the community through the Annual Campaign.

Tax deductible gifts help maintain outstanding patient services, keep pace with the latest advances in technology and equipment, provide opportunities for staff education and support our mission as a faith based organization. Dollar for dollar, every donation benefits our hospital, is used wisely and responsibly, and makes a difference in the lives of our patients and their families. That's why your charitable support is so important and so very much appreciated. Visit [www.adventistrehab.com](http://www.adventistrehab.com) or contact the Development Office at 240-864-6018 to learn more.



Physical therapist, Tony Matthews, demonstrates the new Metron Elite Section 7 Table with Assistant Director of Rehabilitation Services, Rob Grange. The equipment was purchased with donated funds.



Physical Therapist Tony Matthews demonstrates various rehab techniques on the new Metron table.

## Volunteer Dinner 2009 Continued from page 1

The volunteers were invited to participate in the theater production "Politics and Murder", playing roles and interacting with the cast members.



Guests dine at the Blair Mansion—the catered spread received rave reviews!

The volunteers eagerly took on the challenge and had a great time on the stage. Nichole Swinson, development specialist remarked, "Everyone seemed to truly enjoy the entertainment, the food and the venue. It was great to see all of them engaged with the show!"

For the first time, each volunteer was thanked and presented with the President's Volunteer Service Award by Doris Reinhart, VP Administrator and Lisa Mathews, Recreational Therapist and Volunteer Coordinator. "Anytime that we can do something that gives back to the volunteers that we so greatly

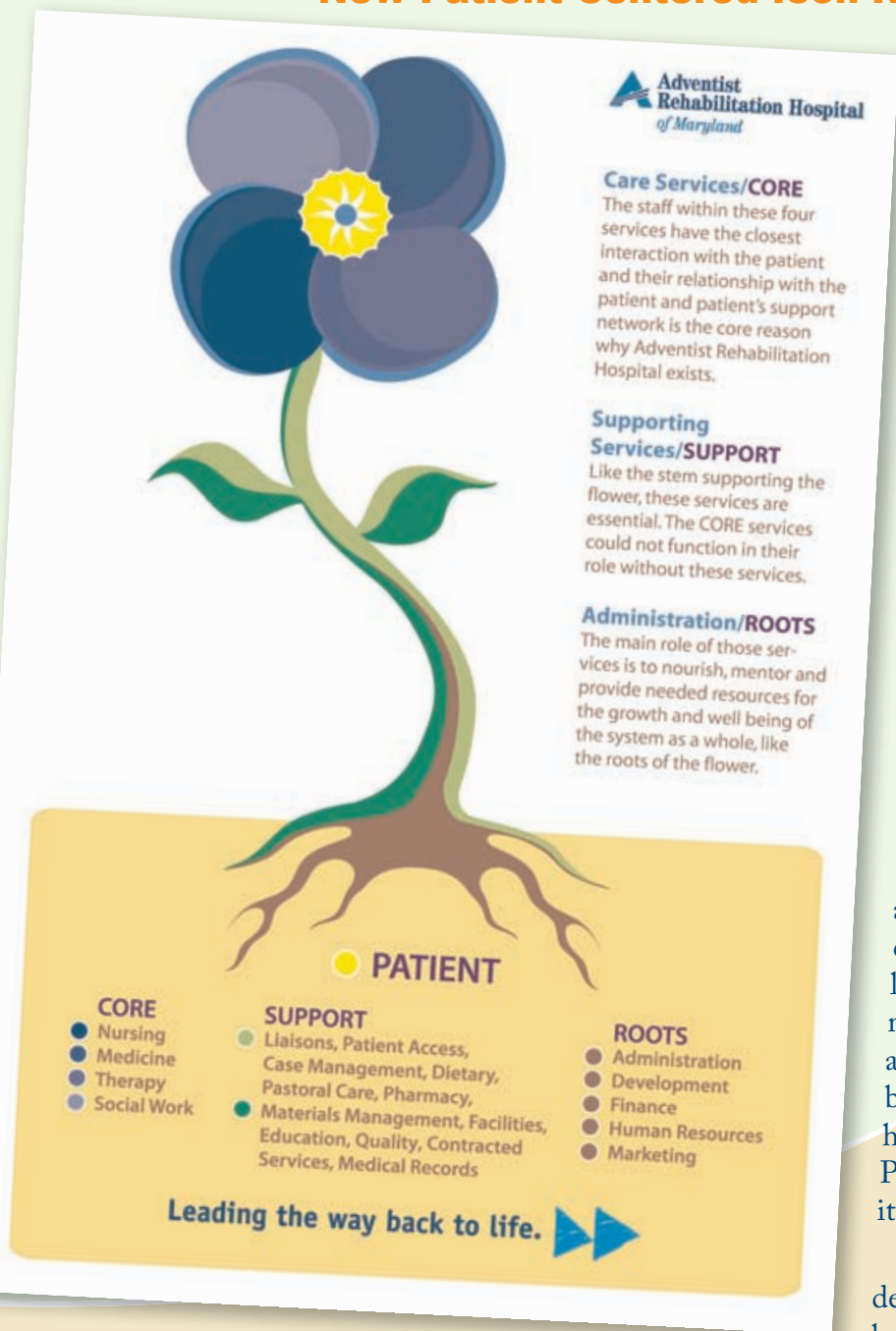


Our many wonderful volunteers: Thank You to all!

appreciate, we should really make the most of it. This is the one time of year that we are able to come together like this to let them know what a difference they make at our hospital," said Lisa.

# It's FLOWER POWER!

New Patient-Centered Icon Represents a Culture Shift



Adventist Rehab's nursing department had many great achievements in 2009. Several more nurses passed their CRRN exams successfully and a new book of nursing by-laws was created to encourage self-governance within the department. In addition, nursing led the way in creating a new icon which was introduced to the hospital at large: a flower that exemplified our philosophy on Patient-Centered Care.

As seen above, each part of the flower represents a part of the inner workings of our hospital. There are three categories depicted: Core, Support, and Roots. No matter where our employees are situated on the flower, everyone's role revolves around the patient, who is depicted at the center of the flower's bloom. This means that instead of asking, "How does this help me?" or "How does this help my department?" we are asking ourselves the questions, "How can our team function as efficiently as a living organism?", "Are our patients the most active, central part of our team?" and "Is what I'm doing today ultimately benefiting our patients?" Adventist Rehab has readily embraced this concept of Patient-Centered Care and will continue its effort to always put the patient first.

Congratulations to the nursing department and all its successes in 2009 and best of luck for continued progress in 2010!

# Report to Donors

## Thank You for Your Many Gifts to Adventist Rehabilitation Hospital

As a nonprofit organization, Adventist Rehabilitation Hospital depends on the generous gifts of friends and family. We appreciate our leaders, physicians, co-workers, volunteers and friends who give time, energy, expertise and monetary gifts to fuel the engines of program development and other mission-related needs. Adventist Rehabilitation Hospital recognizes with deep appreciation the following for having made contributions totaling more than \$74,900 in 2009:

### Patient Assistance Fund

*Provides assistance for medication, equipment or transportation for patients in need.*

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Sheila Tingle  
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Lisa Wardle  
Karen Whitesell  
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### Patient Equipment Fund

*Purchases equipment used at Adventist Rehabilitation Hospital to assist our patients with their recovery*

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In Honor of Dr. Rian Ryan  
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Janice G. Lape  
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Andrew Singer  
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### Excellence in Patient Care Fund

*Supports staff education for superior patient care and customer service*

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Michael and Mina Parsont  
In Honor of Idette Brumbaugh and  
Mary Gray  
Hilde Sandler  
Elisabeth Timpke  
In Honor of Uwe E. Timpke

### Faith Based Programs

*Supports our mission of demonstrating God's care by improving the health of people and communities through a ministry of physical, mental and spiritual healing*

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Hong Yee  
Jo Anne Yionoulis  
Vincent Zagorski  
Marilyn and Robert Zuckerman  
In Honor of Dr. Terrence Sheehan

## **Fifth Anniversary Adventist Knights Wheelchair Basketball Tournament**

Adventist HealthCare  
Air Capital  
Alianza Building Services, Inc.  
Austin Rec'ers  
Jules Anoundg  
Bay State Medical Inc.  
EMS, INC.  
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Richmond RimRiders  
Scott Teague's Academy of Martial Arts  
Triangle Thunder  
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## **Gifts In Kind**

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In Honor of Therapists Bethany & Yun  
Anonymous  
In Honor of Therapists Magda,  
Anthony & Will  
Aspen Hill Club  
Gustavo Castillo  
CCS Medical  
Crest Cleaners  
Crown Trophy  
Curves, Olney  
Val C. Daniels  
Energy Federal Credit Union  
Fitness First, Olney  
Mary Gray  
Robert and Lisa Gunter  
Jose Hernandez  
Hilton Washington DC/ North Gaithersburg  
Jerry's Subs and Pizza  
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Mamma Lucia Restaurants  
Maryland Flames  
Oasis Hair & Tanning Salon  
Plants Etc.  
Potomac Pizza

Redrock Canyon Grill  
Wynne and Joy Roos  
Pamela Spears  
Spectrum Printing & Graphics  
Studio-310  
Nichole Swinson

## **AHC Healthy Community Impact Fund Grows**

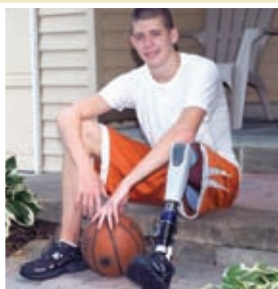
Adventist Rehabilitation Hospital joined again this year with Washington Adventist Hospital, Adventist Behavioral Health, the Reginald S. Lourie Center for Infants and Young Children, Shady Grove Adventist Hospital, Hackettstown Regional Medical Center, Adventist Senior Living Services and Adventist Home Care Services through the Healthy Community Impact Fund. A single gift to this fund helps all Adventist HealthCare entities strengthen health care services and create more educational and outreach programs in the communities we serve in Maryland, the District of Columbia, Northern Virginia, and New Jersey. We offer thanks to the following participants in 2009:

Adventist HealthCare  
Adventist HealthCare Board of Trustees  
Adventist HealthCare Support Center  
Executives and Employees  
Lerch Early & Brewer Chartered  
Gustavo Matheus  
M & T Bank  
Ober Kaler  
Jeffrey Pargament  
PHNS  
Primary Care Coalition of Montgomery  
County MD  
Sam's Club Foundation

The ARHM Development Office has made every effort to provide a complete and accurate report recognizing all donors. If we have made an error, please notify us at 9909 Medical Center Drive, Rockville MD 20850. Please also write us if you wish to have your name removed from the list to receive fund raising requests to support Adventist Rehabilitation Hospital in the future.

We invite you to learn more about charitable giving to Adventist Rehabilitation Hospital. Please call the Development office at 240-864-6018, visit [www.adventistrehab.com](http://www.adventistrehab.com) or email [ARHMdevelopment@ahm.com](mailto:ARHMdevelopment@ahm.com) for more information.





Photograph by Brian Lewis/ The Gazette.

## New Leg Keeps Damascus Student, Amputee Moving

by **Peggy McEwan** | Staff writer

[http://www.gazette.net/stories/08122009/damanew222306\\_32527.shtml](http://www.gazette.net/stories/08122009/damanew222306_32527.shtml)

### Wesley Hughes never stops moving.

Just seven months after losing his left leg in a skiing accident, he drives a car, plays basketball and swims. Even his words come fast, bouncing from topic to topic and full of action.

"Did I show you a picture of my leg?" he asked, whipping out his cell phone and scrolling through, looking for a picture of his mangled leg before it was removed.

Hughes, 19, a rising college junior from Damascus, will gladly share the story of the day he lost his leg, but he would rather show off his new leg complete with bionic knee, a Redskins jersey laminated to the top of the prosthesis and his black sneaker attached to the foot.

Talking about the accident takes Hughes back to Jan. 11, the first weekend of competition for the West Virginia Wesleyan College ski team. Hughes was a sophomore at the Buckhannon, W.Va., school and it was his first year on the team.

**ALSO**, Fox5 TV last week did a feature on **Wesley** and showed him working with **Dr. Sheehan**.

[http://www.myfoxdc.com/dpp/news/080608\\_young\\_amputee\\_inspires\\_others](http://www.myfoxdc.com/dpp/news/080608_young_amputee_inspires_others)

After checking out the next day's race course, Hughes and a group of friends took a side path down the mountain at Wisp Resort in Garrett County.

He does not know exactly what happened, but Hughes went off the path, broke his leg and severed an artery.

"It was very serious," Dan Hughes, Wesley's father, said. "He severed the main artery in his leg. It looked like a shark took a bite out of it."

Hughes was originally taken to Garrett County Memorial Hospital in Oakland, Md., but was quickly transferred to the shock trauma unit of Ruby Memorial Hospital in Morgantown, W.Va.

After five days and several surgeries, doctors told Hughes and his parents they would not be able to save the leg.

"I knew everything that was happening," Hughes said. "I thought I was going to die and I just wanted to get passed it. I was never really depressed. I just wanted to get to the future."

Seven days after the amputation, Hughes was transferred to Adventist Rehabilitation Hospital of Maryland in Rockville, where he started meeting the future head on.

He worked to gain the strength and the 25 pounds he lost and learned to get around - first in a wheelchair, then on crutches waiting for his wound to heal enough to be fitted for a prosthesis.

"There are few who have been able to respond so quickly to the challenges Wesley has had to face," Dr. Terrence Sheehan, chief medical officer at the hospital, said in a statement. "He's progressed to a point where you can't even tell that he has a prosthesis unless he is wearing shorts."

Hughes is proud and happy to have his new leg, to understand its workings and to show it off.

"I've never felt the need to put a cosmetic cover on to make it look like my other leg," Hughes said. "If you don't want people to view you as disabled, it shouldn't matter for them to see you have a metal leg. It's not who you are."

The experiences of the last months have not changed who Hughes is unless, if possible, to make him more determined to live a full life.

"He's very energetic, we never could hold him back," Dan Hughes said. "He's my hero, the way he has progressed so quickly."

Wesley took classes at Montgomery College this summer to make up for the time he lost during the spring semester. He plans to go back to school in a few weeks for his junior year as a physics major and to learn to ski again.

"I've always been adventurous," Hughes said. "If I say I'm going to do something, I like to do it and surpass it."



## Tiananmen Amputee Stands in US – To Dance

by Shaun Tandon (AFP) - 22 hours ago

**WASHINGTON** - Twenty years ago, a Chinese tank pummeled into student athlete Fang Zheng as he fled Tiananmen Square. He lost his legs and his livelihood as he was reduced to selling cigarettes at a street stall.

With the help of US supporters, Fang is once again on his feet through a pair of prosthetic limbs. And in his first public act, he did something he had never tried before -- he asked his wife to dance.

Before an audience including members of the US Congress and exiled leaders of the Tiananmen pro-democracy protests, the 43-year-old Fang on Tuesday set aside his crutches and took his wife, Zhu Jin, by the hand.

His wife, who met him after the Tiananmen uprising, appeared more nervous than Fang. In her brilliantly green floral dress, she glided with him to a Chinese show-tune as their daughter happily took pictures.

"This is a feeling of new hope for me," a beaming Fang told AFP as he sat with his wife and daughter after the dance.

"But at the same time, it's also a feeling of new hope for China," he said.

Fang said he was an ordinary student and member of the Communist Party who was heading out of Tiananmen Square as the military crushed

growing pro-democracy protests, killing hundreds if not thousands of people.

Fang said he was helping a frightened female friend over a railing when the tank hit him. His body was caught in the treads of the tank; he lost one leg from below the knee, the other all the way up to the thigh.

He continued to excel at sports, winning national discus championships for athletes with disabilities. But Fang said the government, fearful he would tell how he was injured, barred him from international competitions.

He eventually resorted to running a street stand on the southern island of Hainan. But he kept speaking to foreign journalists and last year, as officials feared he would come to Beijing during the Olympic celebrations, they granted him what his supporters doubt would ever come -- a passport.

"When I learned what happened to him and then I saw him, I had tears just pouring out because I said, that could be me," said Chai Ling, one of the top Tiananmen leaders who now lives in Boston.

She said she had ordered students to refrain from any violence in Tiananmen Square "because we love people."

"We even love the leaders of China. We're hoping that some day they will be able to understand what they're missing. With all their mighty power, all their economic resources, they don't have the love that we and that Fang Zheng have received here in America," she said.

The effort to fit him with prosthetic legs was supported by advocacy groups including China Aid, which fights for the rights of Christians in the communist country, along with Michael Horowitz, a senior fellow at the Hudson Institute.

Terrence Sheehan, who treated him at the Adventist Rehabilitation Hospital in suburban Washington, hailed Fang for his resilience.

"Most of the folks come to me to get their prosthetics within two or three weeks or months. They don't wait 20 years," Sheehan said.

Chinese dissidents plan to put a video of Fang's first dance on YouTube, hoping it will become a symbol of hope.

"This is a great moment of salvation," said Yang Jianli, another US-based Tiananmen leader who spent another five years in prison after sneaking back into China in 2002.

"In the past 20 years, in his spirit, Fang Zheng has been standing -- even without legs," he said.

"But today he is standing up. It is my sincere hope that we Chinese people will stand up with Fang Zheng."





## Center on Health Disparities

At Adventist HealthCare

# “Teen Ambassadors Against Health Disparities” TO SPEAK

## Before House Subcommittee in Annapolis

### THE TEENS PICTURED (FROM RIGHT TO LEFT)

- **Farrell Sheehan** of Rockville student at Saint Anselms High School in D.C.
- **Jarrod Sheehan** of Rockville student at Georgetown Preparatory School in North Bethesda
- **Amalia Oven** of Germantown student at Academy of Holy Cross in Kensington
- **Makaela Jones** of Rockville student at Richard Montgomery High School in Rockville

### THE ADULTS PICTURED (FROM RIGHT TO LEFT)

- **Marcos Pesquera**, Executive Director, Center on Health Disparities
- Delegate **Shirley Nathan Pulliam**, Maryland House of Delegates
- **Rob Jepson**, Vice-President, Government Relations and Public Policy

On Wednesday, Jan. 20, four Montgomery County teens who are a part of a group recently recognized by Adventist HealthCare's Center on Health Disparities for "Removing Barriers to Equality Through Education" spoke before the Maryland House of Delegates Health Disparities Subcommittee. The teens, part of "Teen Ambassadors Against Health Disparities," spoke about the need for young people to understand the health disparities that exist in their communities and work to eliminate them. The group presented a school course they designed to educate other students on the topic.

Since 2007, the Adventist HealthCare Center on Health Disparities has been leading the charge on addressing health disparities and working to build health-care equity across Maryland and the suburban D.C. region. These students and others in their group have partnered with the Center on Health Disparities and on their own are increasing awareness among others their age to build healthier communities for the future.



# Adventist Rehab's NEW LOOK!



If you haven't checked us out online recently, you will now notice some major changes to our website and the addition of our new Facebook page! You can now find all of our support group listings, physiatrists' bios, volunteer opportunities, map locations, newsletters and outcomes data with just a few clicks. We have also included a media section with all of our press releases and video coverage from various news outlets. This site is meant to be engaging and highly informative for all viewers, so please take some time to navigate through our specially designed site today! Visit us at [www.AdventistRehab.com](http://www.AdventistRehab.com) or become a Fan of our new Facebook page--just search for Adventist Rehabilitation Hospital of Maryland!



## Celebrating our Annual Rehab Reunion at Takoma Park 2009!

Patient alumni reunite with hospital staff to show off how far they've come

On Wednesday, July 15th, our Takoma Park site celebrated its anniversary with the annual Rehab Reunion event. The event included a ribbon cutting to unveil the new gym area (which used to be the dining room), complete with new laminate floors. Upon arrival, guests were greeted with live music, courtesy of our pastoral care volunteers, Wynne and Joy Roos. Guests then filed into the new dining room to hear the opening remarks from Doris Reinhart, VP and Administrator. Doris spoke of our accomplishments as a hospital over the past year and how the event celebrates the recoveries and progress of our patients. Chaplain Jose Hernandez gave the invocation and Dr. Chawla, medical director for the site, described his efforts to make his goal of developing a rehab facility at Washington Adventist a reality. He and Doris applauded the entire staff and praised them all for working so diligently to provide excellent patient care at the hospital. The Alumni in attendance then took turns describing their accidents/injuries and their successes as a result of receiving rehabilitation.

**Congratulations to Takoma Park and all their great success in 2009!**



The NEW Gym!



Patients and staff gather in the new dining room.



Family and friends of Rosalia Barber (center) enjoy refreshments after program.



Takoma Park rehab team members with grateful patient, Desiree Fletus



Ribbon cutting! Ribbon held by rehab manager Andra Henning and nursing manager Kathy Inglefield. Center: Doris Reinhart and Dr. Chawla do the honors!



## Our Fall Festivities 2009

Adventist Rehab is excited to announce the great success of its biggest annual event, the Rehab Reunion for its Rockville alumni patients in September!

The health fair at the event gave patients an opportunity to have blood pressure screenings, stroke risk assessments, take a turn on the Wii Fit, and learn about other services provided by Adventist Healthcare such as Home Health.

Patients were invited to the podium to tell their stories of recovery, all of which were inspiring and included how important our staff was to their progress. "This is a place of hope. People here love what they

do and want to see you succeed and I couldn't be here today without their help!" praised a past patient.

The program also included recognition for our newest Certified Rehabilitation Registered Nurses. Each honoree received a pin for excelling in the field.

Guests then took time to reunite with their nurses and therapists and join staff members in sampling the delicious refreshments.

Thank you to everyone who joined us and made our event a success again this year!—we couldn't have done it without a team effort.

# A Community Celebrates!



A collection of the tournament medals and trophies



The Austin Rec'ers take home a solid victory for Texas!



All the teams are in the middle of a fierce faceoff!



GET OPEN! A hard pass from a wheelchair is no easy feat!



The Adventist Knights talk strategy during a tense timeout.

## A GREAT SUCCESS:

### Adventist Rehab Hosts Fifth Anniversary Wheelchair Basketball Tournament!

On Saturday, October 17th, eight wheelchair basketball teams from across the country came to the Discovery Sports Complex in Boyds, MD to face off in a weekend-long tournament hosted by Adventist Rehab.

Following the singing of the National Anthem by Dontrell Battle and invocation by pastoral care volunteer David L'Heureux, all four courts were alive with the sounds of crashing wheels, thundering balls and the loud ring of shot clocks as each team attempted to outplay their opponent. Every player on each team came to win, some traveling great distances to participate. The teams included: Air Capital from DC, NRH Cagers, Austin Rec'ers from Texas, VA Beach Sunwheelers, Richmond Rimriders, Pittsburgh Steelwheelers, Triangle Thunder from North Carolina, and our own Adventist Knights.

Our Knights were at the top of their game as they sailed through their first two games of the tournament victorious! Mary Kate Madden, Adventist Rehab's basketball team manager and recreational therapist said, "They just want to play and have fun.

That's what this tournament is all about and it is great to see that they are getting such enthusiastic support!"

That night, the players were invited to come back to the hospital for a special banquet to celebrate the tournament's anniversary and honor the teams. Mary Kate was honored for managing the Adventist Knights and she was presented with flowers and a card signed by all the team members. "Adventist Rehab says 'thanks' to the following sponsors and advertisers for their generous support of the Fifth Anniversary Adventist Knights Wheelchair Basketball Tournament:

Adventist HealthCare, Alianza Building Services, Inc., Jules Anoung, Bay State Medical Inc., EMS, INC., Emerald Landscaping, Hanger Orthopedic Group Inc., Hospital Central Services Cooperative Inc., IKO Real Estate Inc., LifeStar Response of Maryland and Scott Teague's Academy of Martial Arts. Gifts in kind were provided by Crown Trophy, Spectrum Printing & Graphics and the Maryland Flames. Healthy Community Impact Fund participants included Lerch Early & Brewer Chartered, M&T Bank, Ober Kaler and PHNS.



Representatives from LifeStar response that our players were safe throughout the tournament!

## Our Rehab Reunion 2009 in Rockville!

1. At the health fair, patients learned more about AHC's continuum of care.
2. Wynne and Joy Roos, a harpist and flutist, serenaded the crowd with classical music.
3. Jill Mogensen, Magnet program coordinator is honored for achieving CRRN certification with Beth Ann Daughtery, CNO and board member Charlie Atwell.
4. Ginny Prunty poses with a couple of guests outside the health fair in our Rainbow Café.
5. First stop: the registration table! Featuring Jan Lape, Tara McDaniel, Anne Moorer and Doris Reinhart from left to right.
6. A grateful patient with Gretchyn Griffith, his former therapist.
7. Guests make quick work of the tasty treats that lined the food tables at the reception.



# REHAB *Reach*

Winter 2009

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## HIGHlights



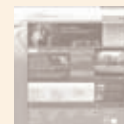
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Adventist Rehab  
Remembers Gertrude Wolf  
Adventist Rehab Volunteer  
Dinner 2009!



**p 7**

Amputee Stands in  
US -- To Dance



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Adventist Rehab's  
NEW LOOK!



**p 2**

Donation Highlight  
Treatment Table and  
Volunteer Dinner cont.



**p 6**

New Leg Keeps  
Amputee Moving



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Rehab Reunion at Takoma Park  
and Rockville



**p 3**

It's  
Flower Power!



**p 4-5**

Report to  
Donors



**p 8**

"Teen  
Ambassadors  
Against Health  
Disparities" TO SPEAK



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A Community  
Celebrates!

